

Pregnant? Children under four?

Don't miss out on food vouchers worth more than **£1,200*** per child

You can get **Healthy Start vouchers** if you're at least 10 weeks pregnant or have a child under four years old.

Your family must also get one of the following:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Child Tax Credit (with a family income of £16,190 or less per year)
- Universal Credit (with a family take-home pay of £408 or less per month)
- You also qualify if you are under 18 and pregnant, even if you don't get any of the above benefits.

Sign up online www.healthystart.nhs.uk

From April 2021, worth up to **£8.50** per week** to spend on milk, fruit and veg, tinned/dried pulses and infant formula milk

* If you sign up at the first opportunity when you are 10 weeks pregnant

** If your child is under one, you'll receive two £4.25 vouchers per week. If your child is 1-4 years old, you will receive one £4.25 voucher per week.

You no longer need a signature from a health professional (Part B on the application form) to apply for Healthy Start vouchers.



NHS



Lambeth
together



Lambeth